



Communicating Social Determinants of Health: A Role for Coding

PRESENTED BY

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Our Presenters



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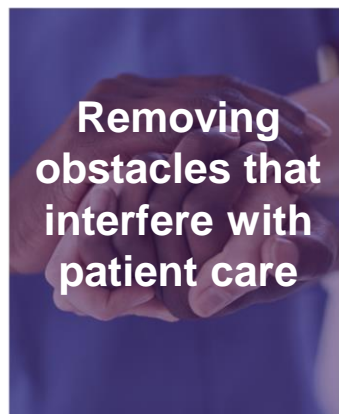
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AMA: The Physicians' Powerful Ally in Patient Care



AMA: Driving the Future of Digital Health



**AMA DIGITAL
HEALTH RESEARCH**
(2016, 2019, 2022)



**AMA DIGITAL HEALTH
PLAYBOOK SERIES**
(RPM, TELEHEALTH)



**COMPREHENSIVE
AMA TELEHEALTH
INITIATIVES**



**DATA STANDARDS &
INTEROPERABILITY
INITIATIVES**



HEALTH 2047



**AMA RETURN ON
HEALTH RESEARCH
& VALUE
FRAMEWORK**



AI PRINCIPLES



**CPT® CODING &
PAYMENT
GUIDANCE**



**ENSURING EQUITY
IN INNOVATION**



**STATE & FEDERAL
ADVOCACY**



**PRIVACY
PRINCIPLES
(PRIVACY BY DESIGN)**

Making technology an asset in the delivery of healthcare, not a burden.



Let's warm up with a poll

When you see the **poll** appear in the slide window, click on the **answer**, then click **SUBMIT**.



Poll #1

What is your role in health care?

- Clinician
- Software Developer
- Medical Coder
- Educator
- Health System leader
- Health Plan leader
- EHR provider
- Government administrator
- None of the above

Poll #1 Results

Poll results are a function of the live webinar. Please refer to the webinar recording for a snapshot of the live poll results.

The Gravity Project: New Data Standardization in Social Determinants of Health (SDOH) Data Interoperability

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*Vice President, Informatics &
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Director, Clinical Informatics
The Gravity Project



Overview

- Introduction to AMA and health care data initiatives
- Why SDOH are important
- The Gravity Project
- Looking ahead

The Problem with Health Care Data

The U.S. spends more than **\$3 trillion a year** on health care and generates more health care data than ever before.

COSTS



Yet, some of the most meaningful data are still **inaccessible** and **incomplete**.

DATA



The Problem with Health Care Data

Data Liquidity

INACCESSIBLE

Data is largely inaccessible. However, inaccessibility is only half the solution to the interoperability problem.

Data Portability

INCOMPLETE & INCOMPATIBLE

Once shareable, data is often incomplete and cannot be interpreted by other parties. (Semantic Interoperability)

LACK OF CLINICAL RELEVANCY

A lack of relevant clinical data elements diminishes the value of the data to the health care provider in clinical decision-making.

AMA's Role in Improving Health Care Data

- ➔ Established AMA's data standards group called IHMI in 2016
 - Recognized the lack of high-quality data to accurately capture patient function, state, goals and SDOH
 - Established a team of recognized leaders from the global health care data standards community
 - Advances AMA mission objectives through the development of open data standards like HL7[®] FHIR[®]
 - Improving health outcomes – hypertension/self-measured blood pressure
 - Increasing health equity – SDOH/social needs

➔ CPT[®] code set

cpt[®]

- 56-year-old procedural language curated by an independent, physician-led, evidence-based process that keeps pace with modern medicine
- Licensees based in over 40 countries

Innovative Strategies Thrive with Greater Collaboration

- AMA aspires to unleash innovative health solutions that address our chronic global health care crises and improve health equity
- No single organization can address these health care challenges alone
- We seek collaborative opportunities with engaged and influential stakeholders addressing major challenges

Today's discussion focuses on a highly-collaborative, successful project that the AMA has been working on since 2019 as a Founding Member.



Introducing the Gravity Project



Consensus-driven Social Determinants of Health (SDOH) Data Standards



One of today's important health care challenges

Slide developed by:

Laura Gottlieb, MD, MPH
with permission from
Jack Maypole, MD



A Social Determinants of Health (SDOH) Lexicon




- **Health Equity** is “*achieved when every person has the opportunity to attain his or her full health potential and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances.*”
- **Social Determinants of Health:** “*The conditions in which people are born, grow, live, work and age,*” which are “*shaped by the distribution of money, power and resources.*”
 - **Protective Factors:** Characteristics or strengths of individuals, families, communities or societies that act to mitigate risks and promote positive well-being and healthy development.
 - **Social Risks:** Adverse social conditions associated with poor health.
 - **Social Needs:** Non-medical patient prioritized needs that impact health.

Addressing SDOH and its various key areas is an approach that can be used to improve equity and reduce disparities.

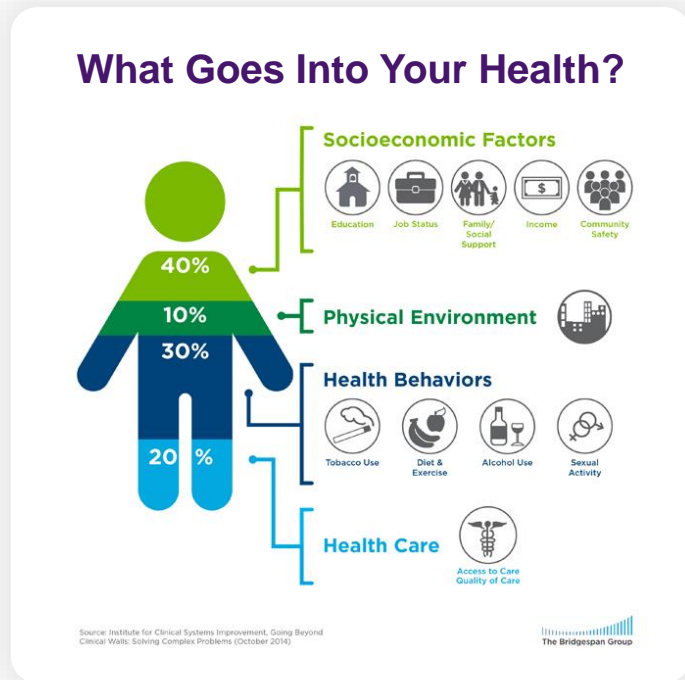
Alderwick and Gottlieb (2019) Meanings and Misunderstandings: A Social Determinants of Health Lexicon for Health Care Systems
Center for the Study of Social Policy (2018) About Strengthening Families™ and the Protective Factors Framework
Physician-Focused Payment Model Technical Advisory Committee (2021) SDOH and Equity Report to the Secretary

Why SDOH are Important

There is growing awareness that SDOH information improves whole person care and lowers cost. Unmet social needs negatively impact health outcomes.

-  **Food insecurity** correlates to higher levels of diabetes, hypertension, and heart failure.
-  **Housing instability** factors into lower treatment adherence.
-  **Transportation barriers** result in missed appointments, delayed care and lower medication compliance.

[https://www.bridgespan.org/insights/library/public-health/the-community-cure-for-health-care-\(1\)](https://www.bridgespan.org/insights/library/public-health/the-community-cure-for-health-care-(1))



SIREN Study: Uses for Social Risk Data in Clinical Settings



Challenges in SDOH Data Capture and Exchange

- Standardization of SDOH data collection and storage
- Data sharing between ecosystem parties
- Access & comfort with digital solutions
- Concerns about information collection and sharing and duplicative data entry
- Social care sector capacity and capabilities
- Unnecessary medicalization of SDOH
- Consent management
- Competing government level networks
- Managing diverse needs of stakeholders
- Sustainable funding models

https://www.nasdoh.org/wp-content/uploads/2020/08/NASDOH-Data-Interoperability_FINAL.pdf
https://aspe.hhs.gov/sites/default/files/migrated_legacy_files/199726/social-determinants-health-data-sharing.pdf



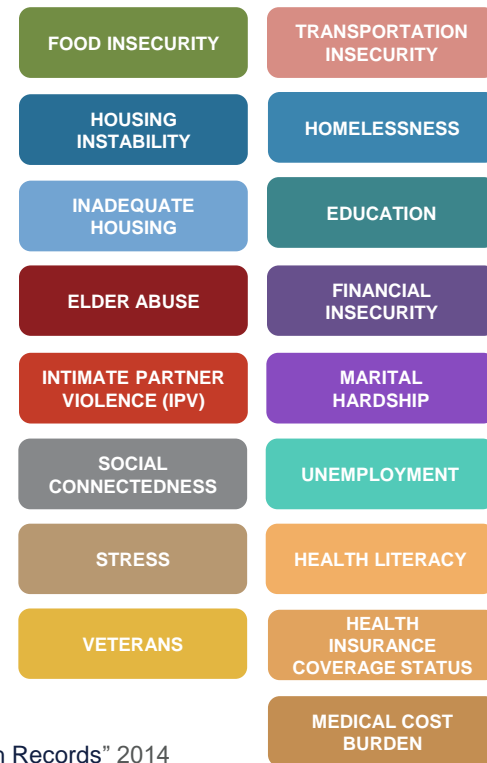
Gravity Project

A collaborative public-private initiative launched in May 2019 with the goal to develop consensus-driven data standards to support the collection, use, and exchange of social determinants of health (SDOH) data.

Project Scope

- **Develop data standards** to represent and exchange patient level SDOH data documented across four clinical activities:
 - Screening,
 - Assessment/diagnosis,
 - Goal setting, and
 - Treatment/interventions.
- **Test and validate** standardized SDOH data for use in patient care, care coordination between health and human services sectors, population health management, public health, value-based payment, and clinical research.

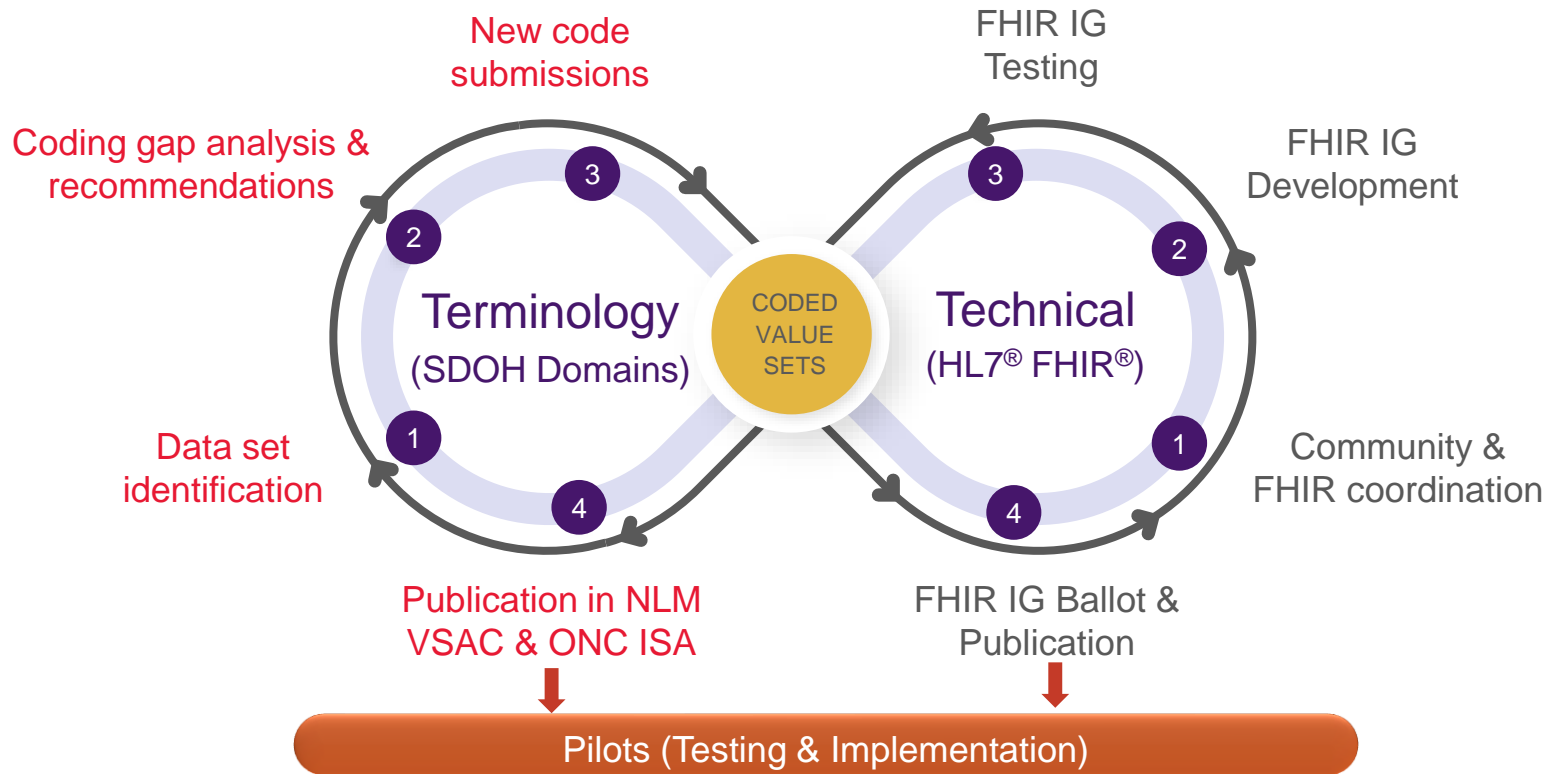
SDOH Domains



Domains grounded by those listed in the NASEM [“Capturing Social and Behavioral Domains in Electronic Health Records”](#) 2014

Project Execution:

Three workstreams - Terminology, Technical & Pilots



Public Collaboration via Two Public Workgroups

Gravity has convened over **2,500+** participants from across the health and human services ecosystem.

1

Terminology workstream products developed via public collaborative

LOINC

ICD-10
TENTH REVISION
INTERNATIONAL CLASSIFICATION OF DISEASES

SNOMED CT

cpt



2

Technical workstream products developed via HL7 SDOH FHIR® IG WG

HL7® FHIR®

<https://confluence.hl7.org/pages/viewpage.action?pageId=46892669#JointheGravityProject-GravityProjectMembershipList>

Project Founders, Grants, and In-Kind Support To-Date

8+

**PROVIDER
organizations**

7+

**SOCIAL
SERVICES
organizations**

8+

PAYERS

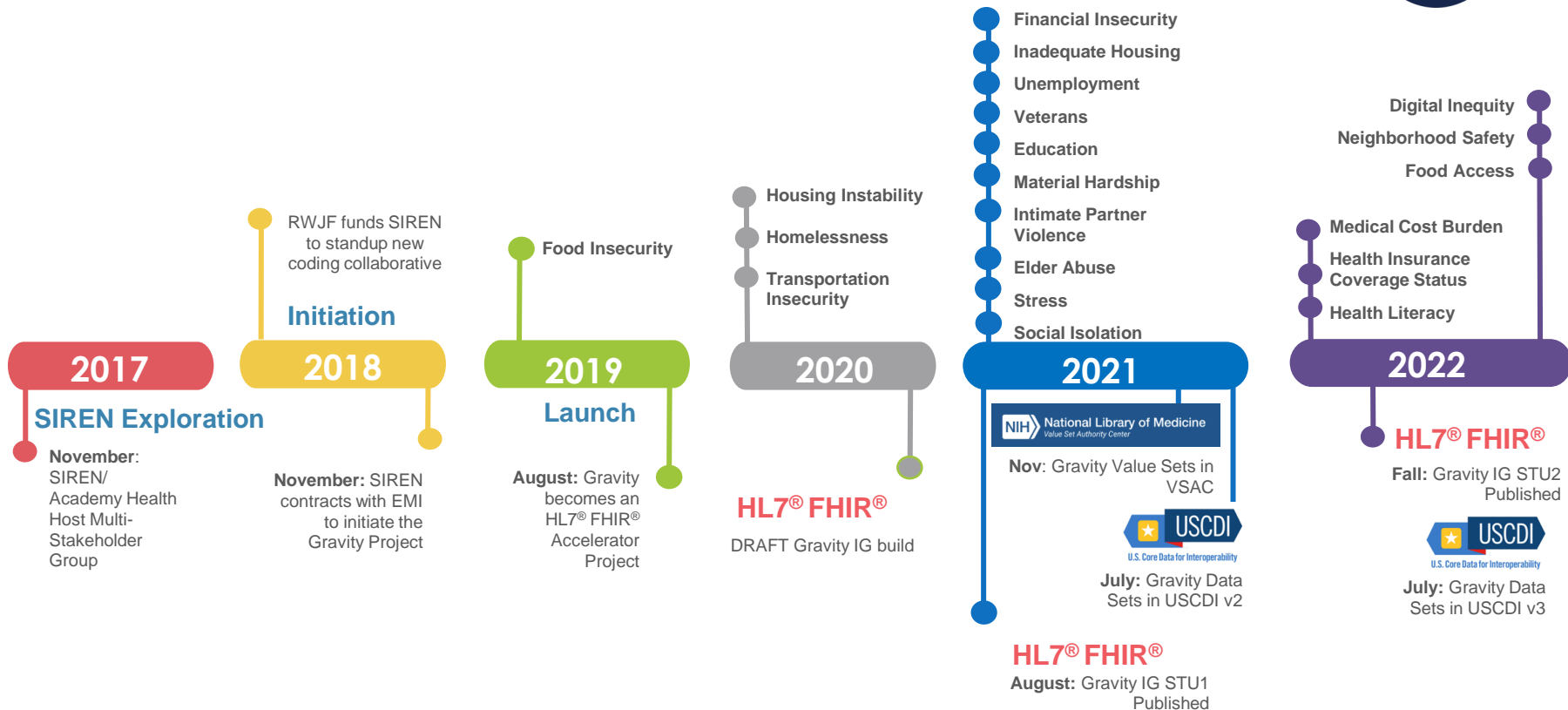
11+

**TECHNOLOGY
VENDORS**

5+

**GOVERNMENT
organizations**

Gravity Project Timeline



Gravity Project Data Use Principles for Equitable Health and Social Care

- Improving Personal Health Outcomes
- Improving Population Health Equity
- Ensuring Personal Control
- Designing Appropriate Solutions
- Ensuring Accountability
- Preventing, Reducing and Remediating Harm



<https://confluence.hl7.org/display/GRAV/Gravity+Data+Principles>



Technology Workstream



What is FHIR?

FHIR® — Fast Healthcare Interoperability Resources

- An HL7 next generation standard
- Helps two computer systems talk to each other

FHIR "resources" are standardized & reusable

- Patient, practitioner, organization, deviceRequest

FHIR supports common exchange methods

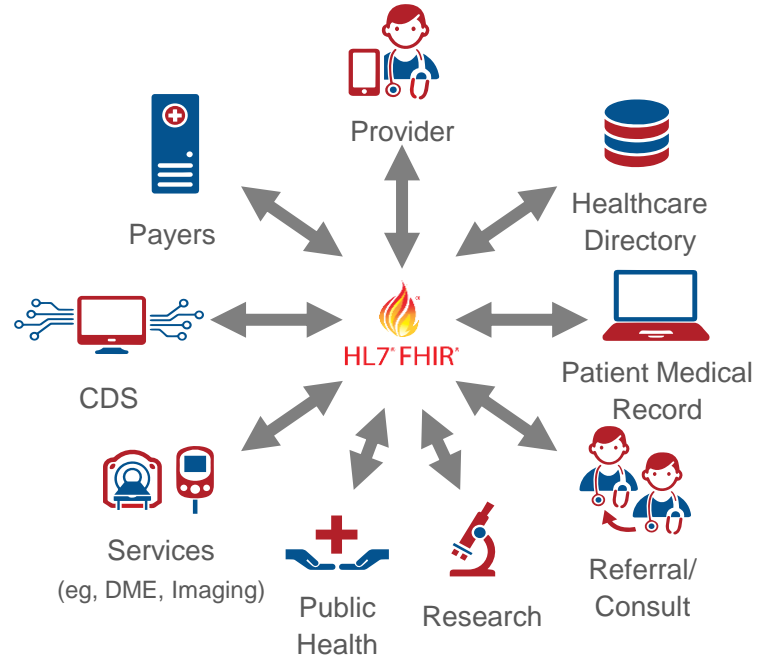
- REST*, messaging, documents and services

FHIR supports the spectrum of integration

- Mobile phone apps, EHR-based data sharing, institutional solutions

FHIR helps with existing use cases & provides for future innovation

*Representational State Transfer (REST) defines a set of constraints used for creating web services



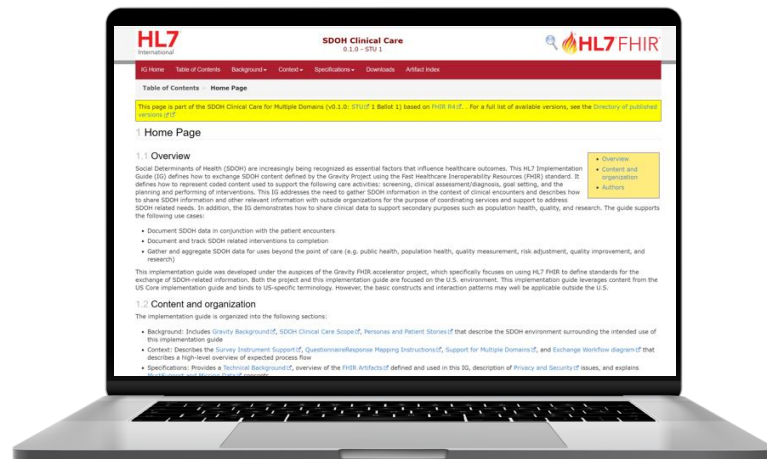
Data available in-workflow supports value-based care and population health management

FHIR is a standard published by HL7

HL7, FHIR and the FHIR [FLAME DESIGN] are the registered trademarks of Health Level Seven International and their use does not constitute endorsement by HL7.

HL7 SDOH Clinical Care FHIR® Implementation Guide

1. This is a framework Implementation Guide (IG) and supports multiple domains
2. IG support the following clinical activities
 - Assessments
 - Health Concerns / Problems
 - Goals
 - Interventions including referrals
 - Consent
 - Aggregation for exchange/reporting
 - Exchange with patient/client applications
 - Draft specifications for personal characteristics including race, ethnicity, gender identity, sexual orientation, recorded sex and gender, and personal pronouns
3. STU1 published August 2021
4. STU2 published November 2022



<http://hl7.org/fhir/us/sdoh-clinicalcare/STU2/>

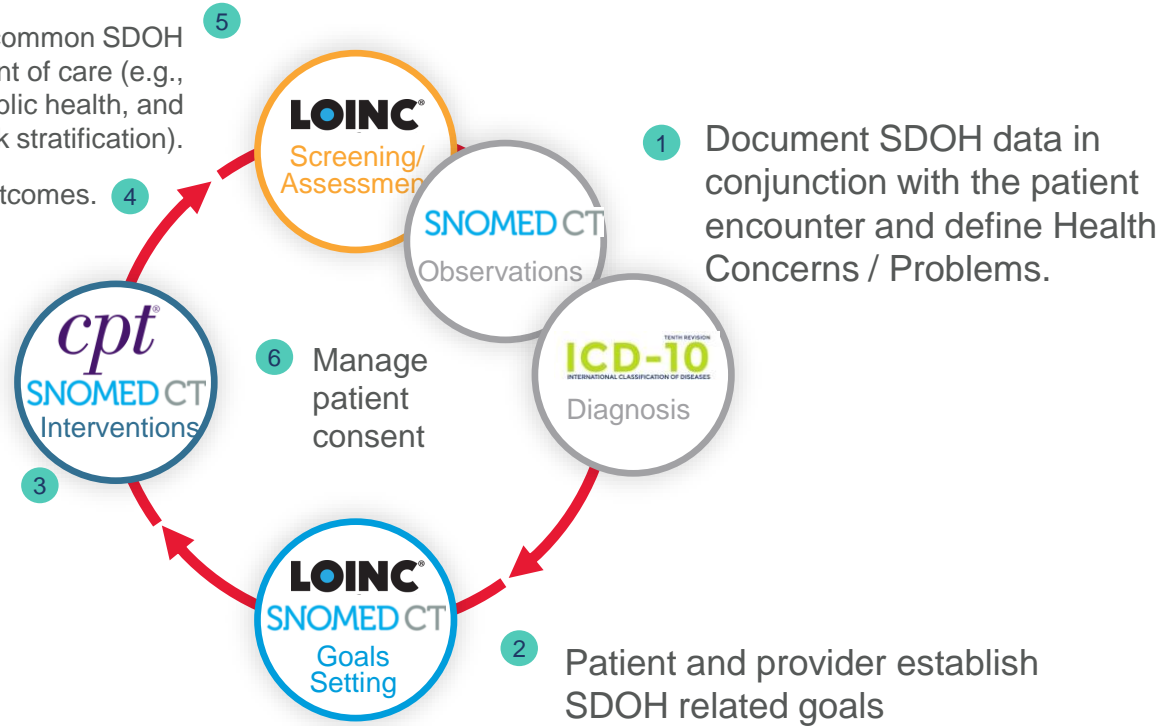
Technical Workstream

FHIR[®] Implementation Guide Use Cases

Establish cohorts of patients with common SDOH characteristics for uses beyond the point of care (e.g., population health, quality reporting, public health, and risk adjustment/risk stratification).

Measure outcomes.

Plan, communicate, and track related interventions to completion.



<http://hl7.org/fhir/us/sdoh-clinicalcare/STU1/>



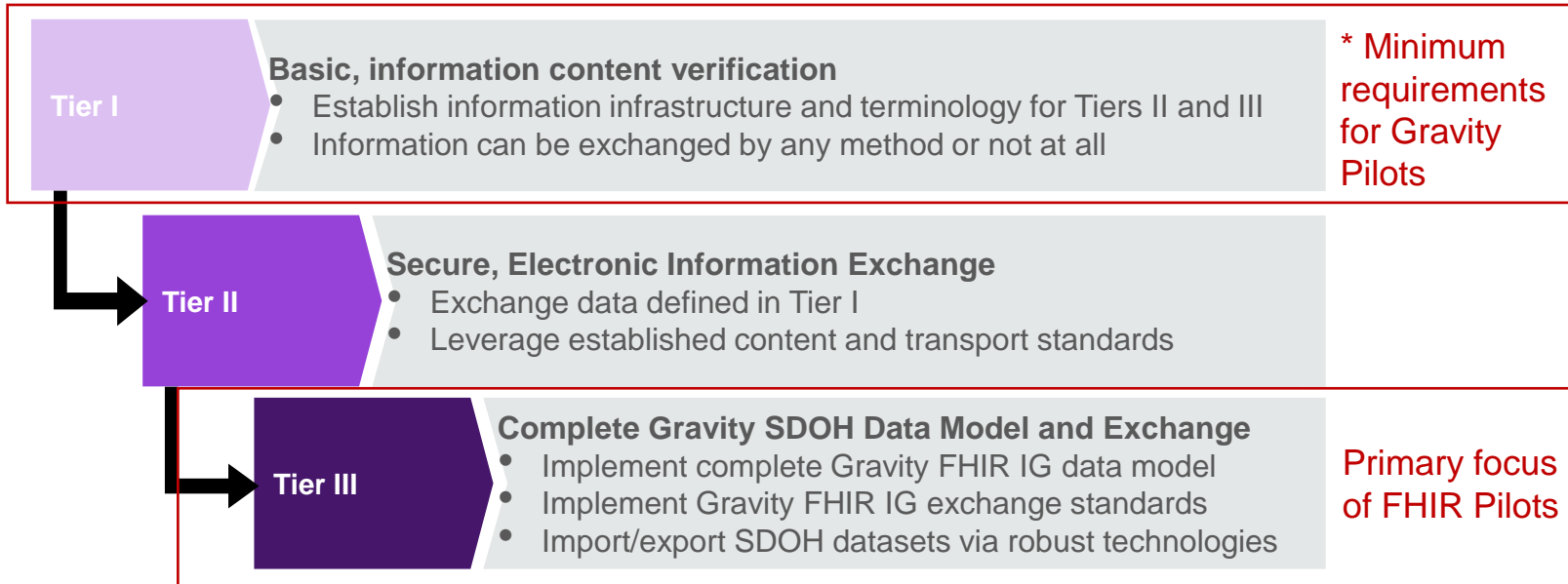
Pilots Workstream



Gravity Project Three-Tiered Piloting Approach



- Defines incremental tiers for testing Gravity standards (terminology and technical)
 - Will allow entities with limited health IT standards adoption to reach attainable milestones during piloting phases.
 - Entities may participate at any tier.



Call for Participation!

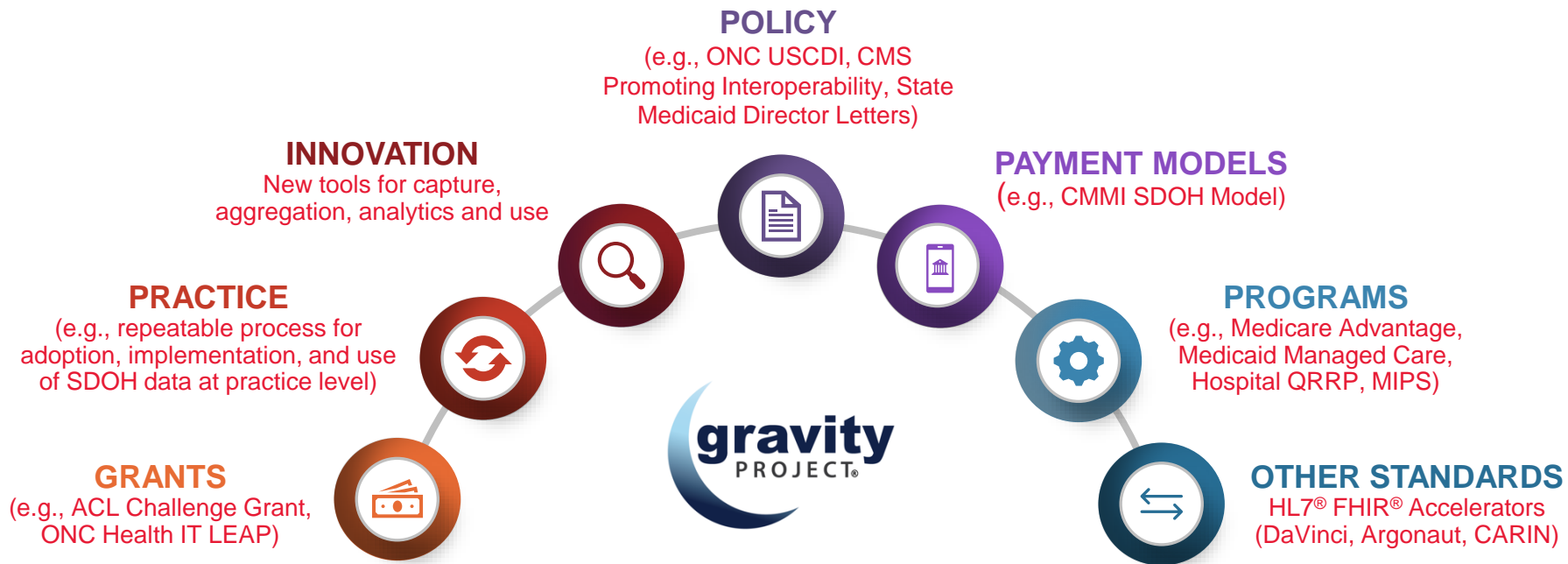


- We currently are seeking entities to participate in testing the Gravity defined coded concepts and/or the HL7 SDOH FHIR IG STU1 and/or STU2.
- HL7[®] FHIR[®] Connectathon Jan. 14-15, 2023 (Tier 3)
- The **Pilots Affinity Group** will convene participating sites via a monthly webinar. To learn more visit: <https://confluence.hl7.org/display/GRAV/Gravity+Project+Pilots+Affinity+Workgroup+Home>
- Please submit your Pilot interest to gravityproject@emiadvisors.net

Success Factors



Success Factors— Integration of Data Standards into...



Policy Integration: Gravity USCDiv2



USCDI V1
USCDI V2
Draft USCDI V3
Level 2
Level 1
Comment

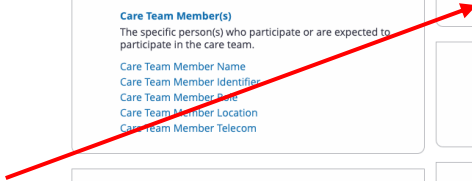
The USCDI v2 contains data classes and elements from USCDI v1 and new data classes and elements submitted through the ONDEC system. Please reference the **USCDI Version 2 document** to the left for applicable vocabulary standards versions associated with USCDI v2 and to the **ONC Standards Bulletin 21-3** for more information about the process to develop USCDI v2 and future versions.

<p>Allergies and Intolerances Represents harmful or undesirable physiological response associated with exposure to a substance.</p> <p>Substance (Medication) Substance (Drug Class) Reaction</p>	<p>Encounter Information Information related to interactions between healthcare providers and the subject of care in which healthcare-related activities take place.</p> <p>Encounter Type Encounter Diagnosis Encounter Time Encounter Location Encounter Disposition</p>	<p>Problems Information about a condition, diagnosis, or other event, situation, issue, or clinical concept that is documented.</p> <p>Problems SDOH Problems/Health Concerns Date of Diagnosis Date of Resolution</p>
<p>Assessment and Plan of Treatment Represents a health professional's conclusions and working assumptions that will guide treatment of the patient.</p> <p>Assessment and Plan of Treatment SDOH Assessment</p>	<p>Goals An expressed desired health state to be achieved by a subject of care (or family/group).</p> <p>Patient Goals SDOH Goals</p>	<p>Procedures An activity that is performed with or on a patient as part of the provision of care.</p> <p>Procedures SDOH Interventions</p>
<p>Care Team Member(s) The specific person(s) who participate or are expected to participate in the care team.</p> <p>Care Team Member Name Care Team Member Identifier Care Team Member Role Care Team Member Location Care Team Member Telecom</p>	<p>Health Concerns Health related matter that is of interest, importance, or worry to someone who may be the patient, patient's family or patient's health care provider.</p> <p>Health Concerns</p>	<p>Provenance The metadata, or extra information about data, that can help answer questions such as when and who created the data.</p> <p>Author Time Stamp Author Organization</p>
<p>Clinical Notes Represents narrative patient data relevant to the respective note types.</p> <p>Consultation Note Discharge Summary Note History & Physical Procedure Note Progress Note</p>	<p>Immunizations Record of an administration of a vaccination or a record of a vaccination as reported by a patient, a clinician, or another party.</p> <p>Immunizations</p>	<p>Smoking Status Representing a patient's smoking behavior.</p> <p>Smoking Status</p>
<p>Clinical Tests Includes non-imaging and non-laboratory tests performed on a patient that results in structured or unstructured information.</p>	<p>Laboratory</p> <p>Tests Values/Results</p>	<p>Unique Device Identifier(s) for a Patient's Implantable Device(s) A unique numeric or alphanumeric code that consists of a device identifier (DI) and a production identifier (PI).</p> <p>Unique Device Identifier(s) for a patient's implantable device(s)</p>
		<p>Vital Signs</p>

SDOH Assessment



SDOH Goals



SDOH Problems/
Health Concerns



SDOH Interventions



<https://www.healthit.gov/isa/united-states-core-data-interoperability-uscdi#uscdi-v2>

Gravity Standards in Policy, Programs & Grants



- **July 2021:** Gravity data elements included in **ONC USCDI version 2**
- **April 2022:** CMS FY 2023 inpatient prospective payment system and long-term hospitals proposed rule includes voluntary reporting of screening for Social Drivers of Health, including using **USCDI v2 SDOH data classes**.
- **May 2022:** CMS CY 2023 **Medicare Advantage (MA) and Part D final rule requires** Special Needs Plans (SNPs) include standardized questions on **housing stability, food security, and access to transportation** as part of their currently required health risk assessments.
 - CMS will issue sub-regulatory guidance on the questions but intends to align them with the SDOH Assessment data element in USCDI v2.
- Gravity standards included in three federal grant programs:
 - **Administration for Community Living (ACL)** Social Care Challenge Grant
 - **ONC** Leading Edge Acceleration Projects (LEAP) in Health IT Referral Management to Address SDOH Aligned with Clinical Care
 - **Administration for Children & Families (ACF)** Human Services Interoperability Innovations Grant

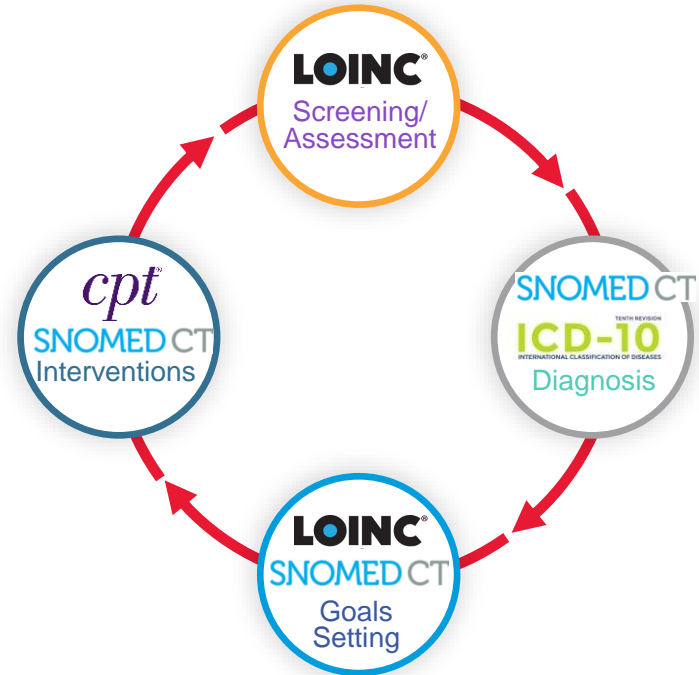


Terminology Workstream



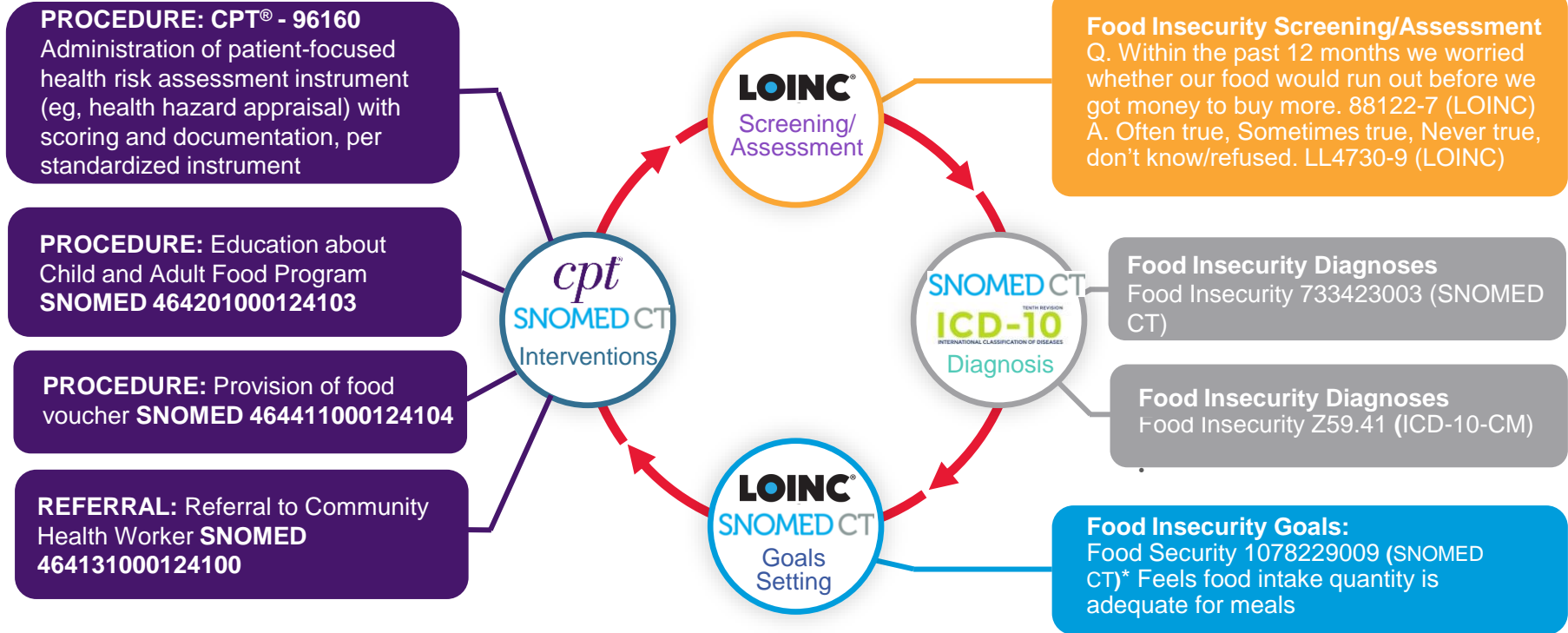
Terminology Workstream Accomplishments

- Data definitions and code submissions for **17** SDOH Domains
- **LOINC** screener codes available for **15** domains
- **ICD-10** z-codes available for **12** domains
- **SNOMED-CT** Diagnoses codes available for **16** domains
- **SNOMED-CT** intervention codes available for **17** domains
- Published **123** value sets in National Library of Medicine (NLM)
- Data class included in ONC USCDI v3



<https://confluence.hl7.org/display/GRAV/SDOH+Data+Elements+And+Status>

Food Insecurity Terminology Build

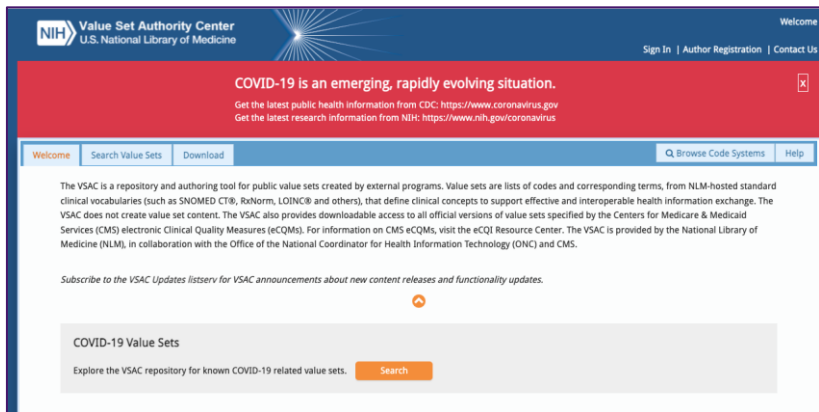


*Proposed. Not final.

Interventions Framework

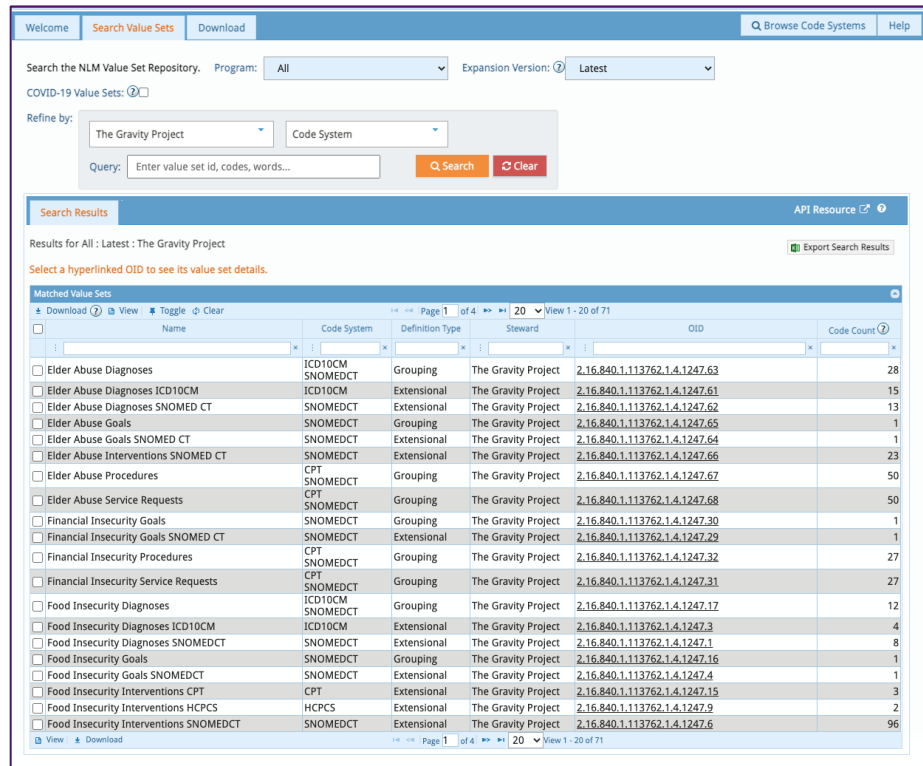
Gravity Term	Definitions
Assistance/Assisting	To give support or aid to; help
Coaching	Method of instruction, direction, or promoting that can include demonstration, reinforcement, motivation and feedback to improve performance, or achieve a specified goal.
Coordination	Process of organizing activities and sharing information to improve effectiveness
Counseling	Psychosocial procedure that involves listening, reflecting, etc. to facilitate recognition of course of action/solution.
Education	Procedure that is synonymous with those activities such as teaching, demonstration, instruction, explanation, and advice that aim to increase knowledge and skills.
Evaluation of eligibility (for <x>) Subtype of Evaluation	Process of determining eligibility by evaluating evidence
Evaluation/Assessment	Determination of a value, conclusion, or inference by evaluating evidence.
Provision	To supply/make available for use
Referral	The act of clinicians/providers sending or directing a patient to professionals and/or programs for services (e.g., evaluation, treatment, aid, information, etc.)

SDOH Value Sets Published in National Library of Medicine Value Set Authority Center (VSAC)



FIRST focused integration of social care concepts in VSAC

Value sets for each individual domain and general SDOH activity sets to align with US Core



Terminology Domains Under Consideration 2023+



- **Domains**

- Digital Access and Digital Literacy
- Food Access
- Neighborhood Safety
- Green space/Environment/Climate
- Discrimination/Bias/Minority Strain
- Adverse Childhood Experiences (ACES)
- Expanded Material Hardship elements
- History of Incarceration
- Undocumented Immigrants

- **Activities**

- Collaborate on **shared ontologies and open taxonomies.**
- Develop supplemental terminology deliverables to address sharing information on **social care program eligibility and enrollment.**
- Participate in **quality measure development** to lend coding, content, and measurement insight relevant to Gravity's work.



How to Engage!



Join the Gravity Project!

Learn More

<https://confluence.hl7.org/display/GRAV/Join+the+Gravity+Project>

- **NOW- Pilot Affinity Group Meets Monthly**
Thursdays 2:00 to 3:30 p.m. ET
- **2023- SDOH FHIR IG Workgroup weekly on**
Wednesday from 3:00 to 4:00 p.m. ET

- **Help us with Gravity education and outreach**

- Use Social Media handles to share or tag us in relevant information

 [@thegravityproj](https://twitter.com/thegravityproj)

 <https://www.linkedin.com/company/gravity-project>



Help us find new sponsors and partners

Partner with us on development of blogs, manuscripts, dissemination materials

CPT's Role in SDOH

Leslie Prellwitz, MBA, CCS, CCS-P

Director, CPT® Content Management and Development
American Medical Association

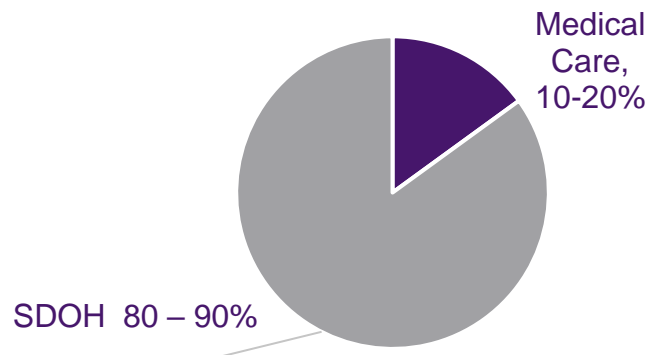


SDOH Widely Impact Health Outcomes

Social Determinants of Health

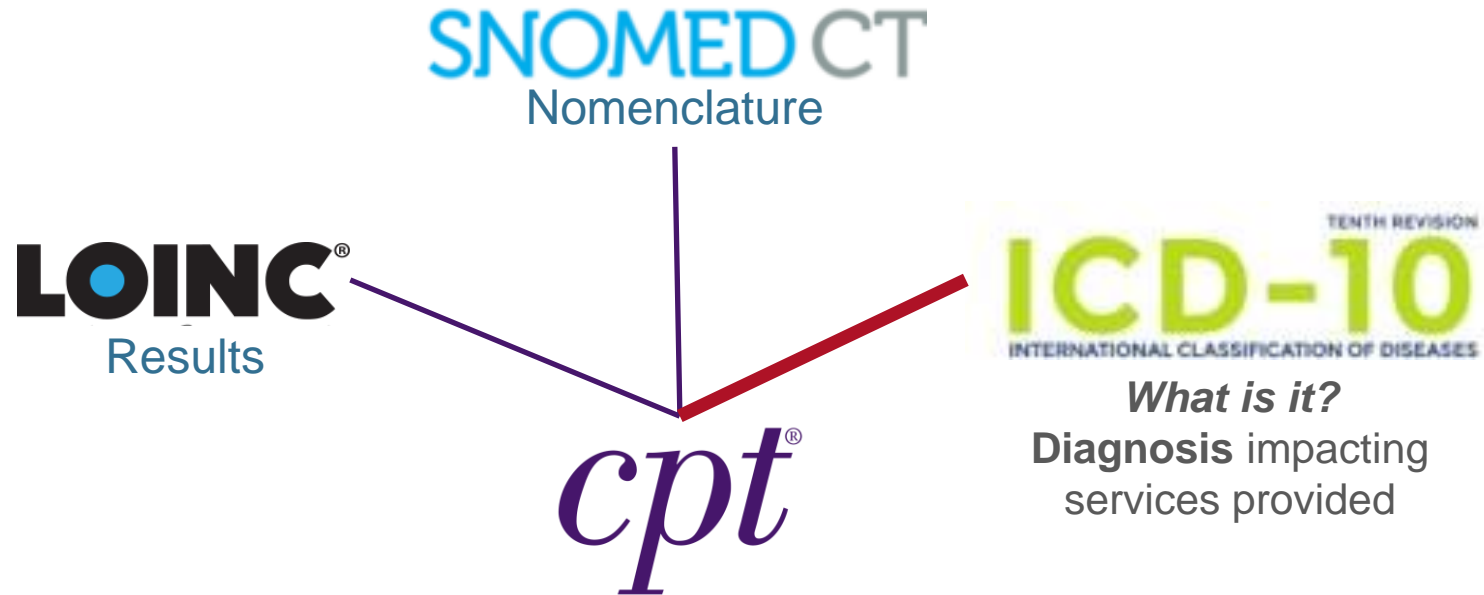


Percent of Modifiable contributors for healthy outcomes for a population



Graphic source: Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. Retrieved 10-31-2022, from <https://health.gov/healthypeople/objectives-and-data/social-determinants-health>
<https://cookcountyhealth.org/wp-content/uploads/SP-discussion-Health-Equity-article-3-02-27-19.pdf>

SDOH: CPT® Connection to Other Code Sets

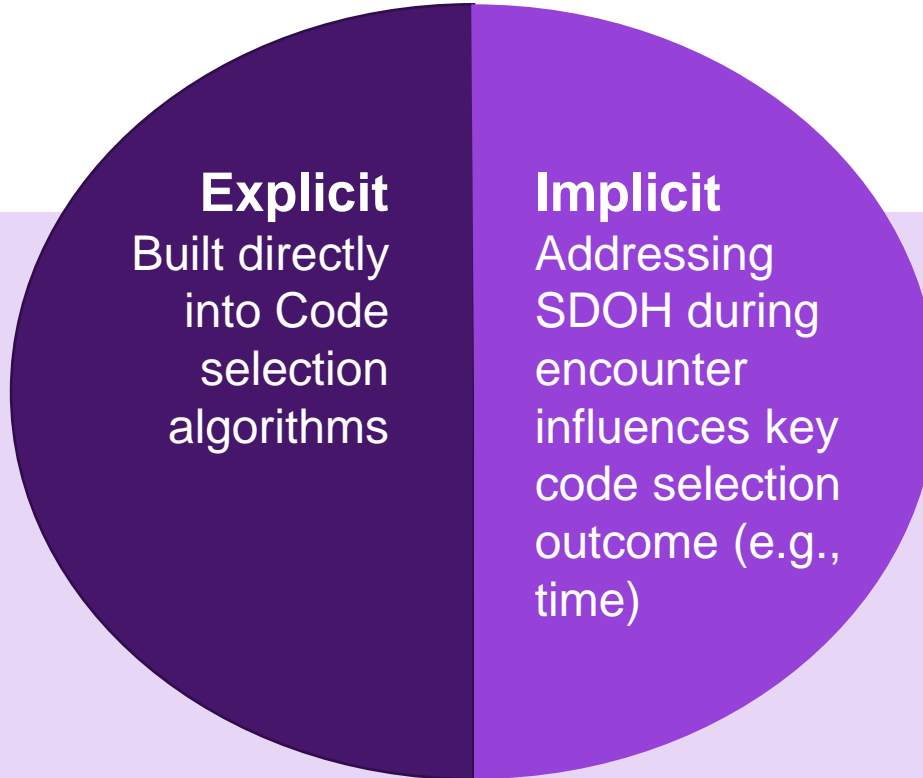


What's being done about it?
Medical services and procedures performed by physicians/QHPs

What is it?
Diagnosis impacting services provided

Strongest connection:
CPT and ICD-10-CM

CPT's Role in SDOH – Two Forms



CPT's Role in SDOH: E/M Visits Using Medical Decision Making

2021: Recognition

Table 1: Levels of Medical Decision Making (MDM)

► Elements of Medical Decision Making			
Level of MDM (Based on 2 out of 3 Elements of MDM)	Number and Complexity of Problems Addressed at the Encounter	Amount and/or Complexity of Data to Be Reviewed and Analyzed <i>*Each unique test, order, or document contributes to the combination of 2 or combination of 3 in Category 1 below.</i>	Risk of Complications and/or Morbidity or Mortality of Patient Management
Moderate	<p>Moderate</p> <ul style="list-style-type: none"> 1 or more chronic illnesses with exacerbation, progression, or side effects of treatment; or 2 or more stable, chronic illnesses; or 1 undiagnosed new problem with uncertain prognosis; or 1 acute illness with systemic symptoms; or 1 acute, complicated injury 	<p>Moderate <i>(Must meet the requirements of at least 1 out of 3 categories)</i></p> <p>Category 1: Tests, documents, or independent historian(s)</p> <ul style="list-style-type: none"> Any combination of 3 from the following: <ul style="list-style-type: none"> Review of prior external note(s) from each unique source*; Review of the result(s) of each unique test*; Ordering of each unique test*; Assessment requiring an independent historian(s) <p>or</p> <p>Category 2: Independent interpretation of tests</p> <ul style="list-style-type: none"> Independent interpretation of a test performed by another physician/other qualified health care professional (not separately reported); <p>or</p> <p>Category 3: Discussion of management or test interpretation</p> <ul style="list-style-type: none"> Discussion of management or test interpretation with external physician/other qualified health care 	<p>Moderate risk of morbidity from additional diagnostic testing or treatment</p> <p><i>Examples only:</i></p> <ul style="list-style-type: none"> Prescription drug management Decision regarding minor surgery with identified patient or procedure risk factors Decision regarding elective major surgery without identified patient or procedure risk factors Diagnosis or treatment significantly limited by social determinants of health

2023: Expansion

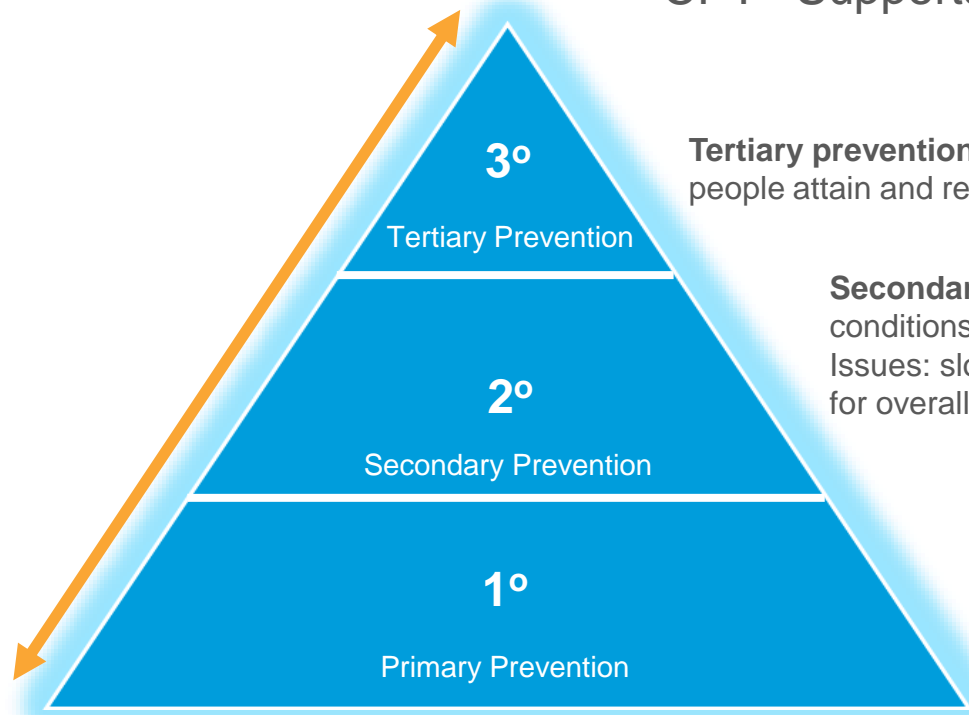
Visit Service Category	2021	2023
Office or Other Outpatient	X	X
Inpatient		X
Observation Care		X
Consultations		X
Emergency Department		X
Nursing Facility		X
Home / Residence		X

2022-09-14/59

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CPT's Role in SDOH: Beyond MDM

CPT® Supports Levels of Prevention & Healthcare



Tertiary prevention - management of incapacitating condition(s) to help people attain and retain an optimal level of functioning.

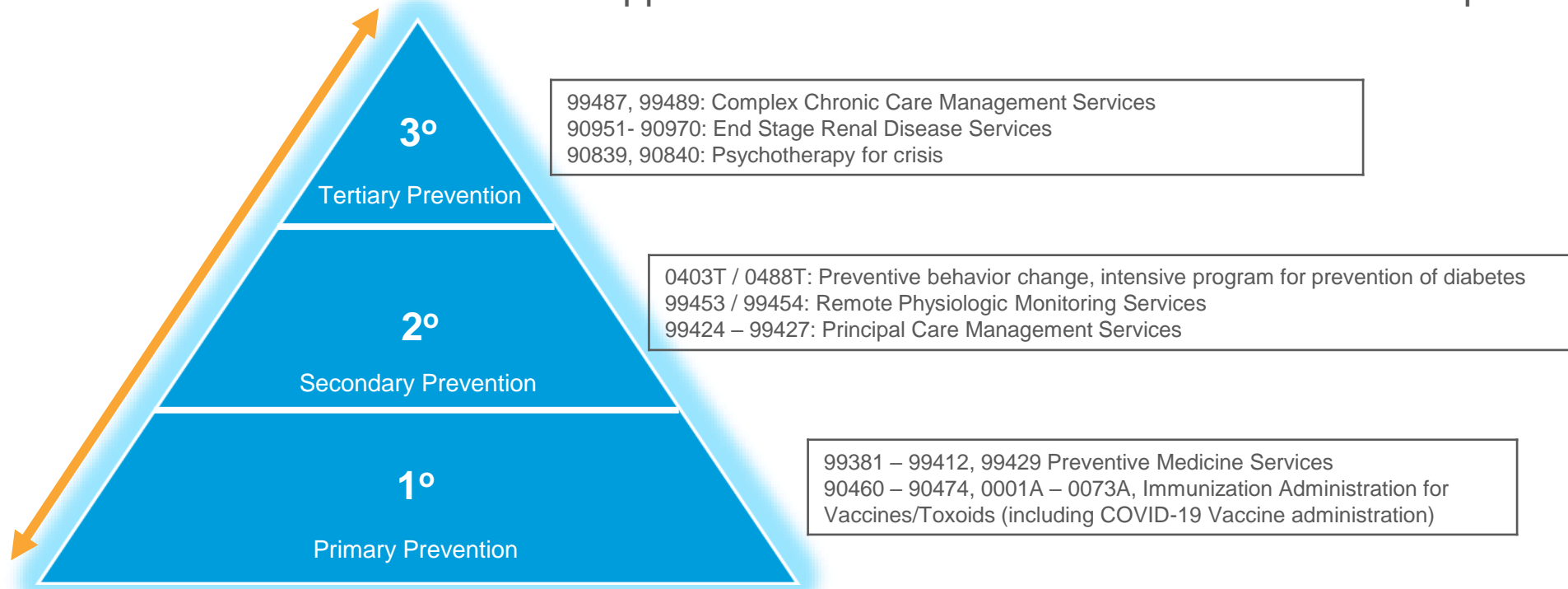
Secondary prevention - diagnosis and treatment of one or more conditions, e.g., asthma, hypertension, diabetes, cancer, endometriosis. Issues: slowing progression of illness, mitigating potential consequences for overall patient health.

Primary prevention – avert the onset of illness (e.g., well patient visits, immunizations, provision of health education materials to inform patients and populations)

Prevention levels originate from: Leavell, Hugh Rodman, and E. Gurney Clark. "Textbook of preventive medicine." Textbook of Preventive Medicine. (1953).

CPT's Role in SDOH: Beyond MDM

CPT® Supports Levels of Prevention & Healthcare: Examples



Prevention levels originate from: Leavell, Hugh Rodman, and E. Gurney Clark. "Textbook of preventive medicine." Textbook of Preventive Medicine. (1953).

Questions?



The Gravity Project: New Data Standardization in Social Determinants of Health (SDOH) Data Interoperability

- ➔ Consensus-driven SDOH Data Standards
- ➔ Technology Workstream
- ➔ Pilots Workstream
- ➔ Success Factors
- ➔ Terminology Workstream
- ➔ How to Engage



CPT's Role in SDOH



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The **AMA Center for Health Equity** was created to embed health equity across the organization so that health equity becomes part of the practice, process, action, innovation and organizational performance and outcomes.

ama-assn.org/delivering-care/health-equity

The ***In Full Health Learning & Action Community to Advance Equitable Health Innovation*** initiative seeks to advance equitable opportunities in health innovation investment, solution development and purchasing.

InFullHealth.org

The **AMA Ed Hub™** is a unified education portal that provides a personalized experience for physicians and their care teams to keep current, increase their professional satisfaction, claim continuing education credits and continuously improve the care they provide. Find modules on **CPT, E/M guidelines, Equity, Public Health** and more!

amaedhub.com

Designed to address the needs of developers and creators of health technology and services, the **CPT® Developer Program** offers access to AMA-published content from Current Procedural Terminology (CPT) during the crucial stages of development.

developer.ama-assn.org

The **Future of Health Report** was prepared by the AMA and Manatt Health and builds off of the AMA's **Return on Health research** to explore and define the disconnect between the transformative potential of digital health and the reality of its impact today, offer a blueprint to optimize digitally enabled care, and share stakeholder opportunities to leverage digital care through case examples from various organizations.

<https://www.ama-assn.org/practice-management/digital/ama-future-health-report>

The **Physician Innovation Network** connects physicians and entrepreneurs to partner on new digital health care solutions.

innovationmatch.ama-assn.org

Next Steps



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