

# NIKITA SOOD

## EDUCATION

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- 08/19-05/23 **Washington University School of Medicine, St. Louis, MO**  
M.D.
- 08/14-05/18 **University of Pennsylvania, Philadelphia, PA**  
B.A. in Biology, College of Arts and Sciences, *summa cum laude*  
B.S. in Economics (Health Care Policy and Management), Wharton School of Business, *summa cum laude*

## AWARDS

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- Fall 2024 **Rhode Island Medical Society 4 Under 40 Award**, recognizes four early career physicians in training who have demonstrated a strong commitment to their profession and are making an impact in our community
- Spring 2023 **Washington University School of Medicine Class Marshall**, selected by faculty as the student who best embodies the humanistic and academic qualities championed by the medical school.
- Spring 2022 **Gold Humanism Honor Society**, recognizes students who are exemplars of compassionate patient care and who serve as role models, mentors, and leaders in medicine; selected via peer-nomination and committee-selection.
- Summer 2020 **Ruth L. Kirschstein National Research Service Award at NHLBI**, \$5275 stipend awarded to WUSM medical students conducting research through the Associate Dean for Medical Student Research and Scholarship.

## WORK EXPERIENCE

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- 06/18-06/19 **Clinical Research Assistant, Division of Developmental and Behavioral Pediatrics, Cohen Children's Medical Center, New Hyde Park, NY**  
Conducted original clinical research in topics such as menstruation counseling for adolescent females and breast milk sharing habits of families of infants. Ran research projects from study design and IRB submission to data collection and presentation at national conferences.
- 05/16-06/18 **Research Intern, Center for Applied Genomics, Children's Hospital of Philadelphia, Philadelphia, PA**  
Ran a project within the Electronic Medical Records and Genomics (eMERGE) Network, an NIH-funded consortium of U.S. medical research institutions, evaluating the role of guideline adherence and SNP presence in pediatric asthma patient outcomes from study design through to manuscript submission.
- 06/15-08/15 **Health Policy Intern, Office of the Assistant Secretary of Defense for Health Affairs, U.S. Department of Defense, Washington, DC**  
Worked with Dr. Karen Guice, Deputy Assistant Secretary for Defense (Health Affairs), and Lt. Gen. Douglas Robb, Director of the Defense Health Agency within the Office of the Assistant Secretary of Defense for Health Affairs. Tasks included writing memorandums, editing Reports to Congress, assisting in preparation for Congressional Hearings, and finalizing the U.S. Surgeon General's Tobacco-Free Living College Action Packet.

## SELECT LEADERSHIP ACTIVITIES

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- 11/23-ongoing **Sectional Delegate, American Medical Association Resident and Fellows Section**  
Serve as 1 of 34 individuals elected to represent residents and fellows within the AMA House of Delegates, which serves as the legislative body that determines the AMA's policy stances on issues as well as elects national AMA leadership. As a resident of Rhode Island and an OBGYN resident, I coordinate with RIMS and ACOG in this role.
- 06/22-06/23 **At-Large Officer, American Medical Association Medical Students Section**  
06/21-06/22 **Chair, Region 2—American Medical Association Medical Students Section**  
06/20-06/21 **Secretary, Region 2—American Medical Association Medical Students Section**  
As the At-Large Officer of the AMA-MSS Governing Council, I represent the Section's nearly 50,000 medical student members at the national level and coordinate activities of the 7 geographic regions within the Section. This included organizing a national leadership conference for medical student members of the AMA and developing mentorship infrastructure for students within the Section.

01/20-01/21 **Mentorship Committee Chair, American Medical Women's Association WUSM Chapter**  
Organized and developed programming that fosters mentorship between female-identifying physicians and female-identifying medical students through small group breakfasts with physicians, mentorship pairing between physicians and students, workshops on CV development and residency matching, and more.

## MEMBERSHIP AND SOCIETIES

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09/23-ongoing **Rhode Island Medical Society**  
03/22-ongoing **Gold Humanism Honor Society**  
08/19-ongoing **American Medical Association**

## RESEARCH PUBLICATIONS

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1. **Sood, N.**, Connolly J. J., Mentch, F. D., Vazquez, L., Seliman, P. M. A., Hysinger, E. B., eMERGE Outcomes Workgroup, Hakonarson, H. (2018). Leveraging electronic health records to assess the role of ADRB2 single nucleotide polymorphisms in predicting exacerbation frequency in asthma patients. *Pharmacogenetics and Genomics*, 218(11), 256-259. <https://doi.org/10.1097/FPC.0000000000000355>.
2. **Sood, N.**, Jimenez, D. E., Pham, T. B., Cordrey, K., Awadalla, N., & Milanaik, R. (2019). Paging Dr. Google: The Effect of Online Health Information on Trust in Pediatricians' Diagnoses. *Clinical Pediatrics*, 58(8), 889-896. <https://doi.org/10.1177/0009922819845163>.
3. Milanaik, R., Das, P., Shah, J., Fruitman, K., Goldman, J., **Sood, N.**, Zhua, M. (2019). Food Consumption in Popular Children's TV Shows and Food Choice Awareness of Pediatric Viewers. *Clinics in Pediatrics*, 2(1).
4. Singer M., **Sood N.**, Rapoport E., Gim H., Adesman A., Milanaik R. (2020). Pediatricians' Knowledge, Attitudes, and Practices Surrounding Menstruation and Feminine Hygiene Products. *International Journal of Adolescent Medicine and Health*, <https://doi.org/10.1515/ijamh-2019-0179>
5. **Sood, N.**, Liu, Y., Lian, M., Greever-Rice, T., Lucht, J., Schmaltz, C., Colditz, G. (2022). Association of Endocrine Therapy Initiation Timeliness with Adherence and Continuation in Low-Income Women with Breast Cancer. *JAMA Network Open* 5(8):e2225345. <https://doi.org/10.1001/jamanetworkopen.2022.25345>

## SELECT POLICY PUBLICATIONS

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1. **Sood, N.**, Coskun, R., Liu, C., Gulani, A., Gbedey, W., Menodiado, R., Ohene-Agyei, J., Casubhoy, I. Opposing Informal Milk Sharing.
  - a. Adopted AMA-MSS Resolution – November 2020
  - b. Adopted AMA Resolution – June 2022
2. **Sood, N.**, Scott, C., Smith, E., Patel, R., Ganapathi, P. *Supporting the Use of Gender-Neutral Language*.
  - a. Adopted AMA-MSS Resolution – June 2022
  - b. Adopted AMA Resolution – June 2023
3. Marks, K., McGlaun, N., Genis, S., Wagner, B., Tsui, C., Hirsch, E., Rains, S., Kumar, R., Pak, T., **Sood, N.**, Seiberling, J., Bealer, R., Heffron, A., Das, S. Banning the Practice of Virginity Testing.
  - a. Adopted AMA-MSS Resolution – November 2020
  - b. Adopted AMA Resolution – November 2021
4. Siddiqui, N., Haider, A., Whelihan, J., Kumar, A., Jeong, J., Casubhoy, I., Wolff, S., McGlaun, N., Anderson, R., Reed, A., Bealer, R., **Sood, N.** Expansion on Comprehensive Sexual Health Education.
  - a. Adopted AMA-MSS Resolution – November 2020
  - b. Adopted AMA Resolution – June 2022
5. Easwaran, L., Mittal, R., Beckerman, D., Gulani, A., Holguin, A., Reddy, S., Carrasco, J., Bayless, S., Soldo, J., Tsui, C., Hirsch, E., **Sood, N.**, Rea, S. Amending Policy H-50.973 to Support the Implementation of Health Care Referrals in Blood Donation Centers for Donors at Risk for HIV.
  - a. Adopted AMA-MSS Resolution – November 2020
6. Kaeley, D., Tripathy, S., Smith, S., **Sood, N.**, Maddipudi, S., Wong, C., Reddy, R. *Universal Childcare and Preschool*.
  - a. Adopted AMA-MSS Resolution – November 2021
  - b. Adopted AMA Resolution – June 2022
7. **MSMA-MSS Governing Council**. *Period Poverty and Access to Care*.
  - a. Adopted MSMA Resolution – April 2022

## MEDIA

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05/19 **Radio Show/Podcast Interview, Science Friday, New York, NY**

Interviewed live as part of the weekly radio show/podcast “Science Friday,” broadcast WNYC Studios on research conducted at Cohen Children’s Medical Center regarding the growth of information milk sharing. As part of the feature, also developed a “Milk Sharing 101: Guide to Human Milk Sharing” that is published on sciencefriday.com.

10/19 **Press Conference**, *American Academy of Pediatrics National Conference and Exhibition 2019, New Orleans, LA*  
Interviewed regarding two research abstracts that were submitted to the conference and selected for Press Release. Research was featured on Heathline, HealthDay, and US News. Selected abstracts: “Where to get Donor Breast Milk? Self-Reported Parental Motivations and Concerns Regarding the Choice of Informal Milk Sharing versus Milk Banks” and “An Analysis of Opinions of Human Milk Sharing Options.”

07/20 **Opinion Editorial**, *Jefferson City News Tribune, Jefferson City, MO*  
Wrote an opinion editorial entitled “Our Neighbors Need Medicaid Expansion; Missourians Should Vote Yes on 2 on August 4” that was published in the *Jefferson City News Tribune* in advance of the vote on the ballot initiative in Missouri to expand Medicaid. This initiative passed in August 2020.